

# WORLD

Sustainable Built Environment Conference **101 Hong Kong** 

Transforming Our Built Environment through Innovation and Integration: Putting Ideas into Action

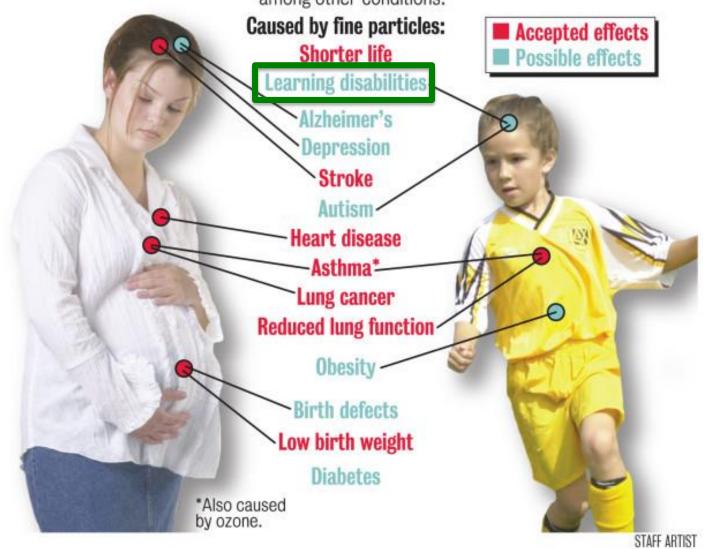
Prof. Doct. Eng. Antonio Frattari Doct. Ing. Irene Ferro

Energetic Refurbishment of a Secondary School as Pasive Building



# **POLLUTION MATTERS**

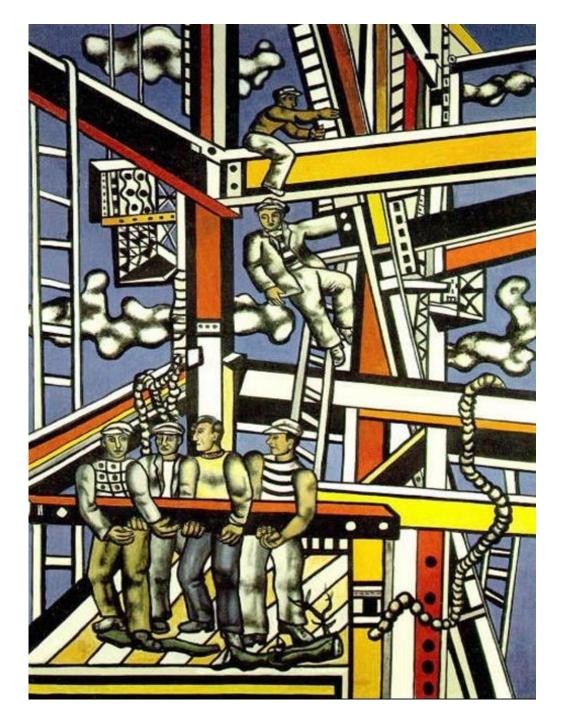
Thousands of studies have shown how air pollution can harm people, causing heart attacks, lung problems and other ailments, and shortening lives. New research is finding possible links between certain pollutants and autism, birth defects and childhood obesity, among other conditions.



# INDOOR AIR QUALITY, THERMAL COMFORT AND DAYLIGHT



# Construction of New Buildings

























# Existing Buildings Refurbishment

The refurbishment is finalized for improving Thermal comfort Indoor Air Quality.

Very important is the energy consumption



The Laboratory of Building Design proposed a methodology for developing a sustainable refurbishment of the school buildings

It is articulated in four steps:

- Analysis and monitoring of thermal comfort and energy consumption of the building.
- Proposal of construction solutions to improve the energy efficiency of the whole building.
- Testing of the predicted solutions through the Passive House Planning Package (PHPP software) to reduce the annual heating demand (< 20 kWh/m<sup>2</sup>y) and improve the living comfort of the school building.
- Executive project of the energy retrofit solutions.

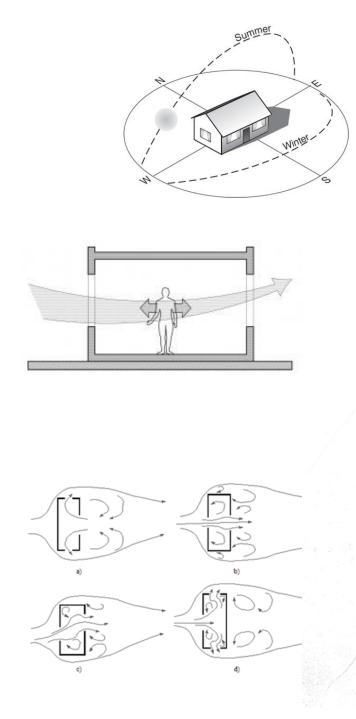
First step: ANALYSIS

- Survey of the building
- Monitoring of the indoor comfort and evaluation of the building energetic behavior
- Monitoring of the energy consumption

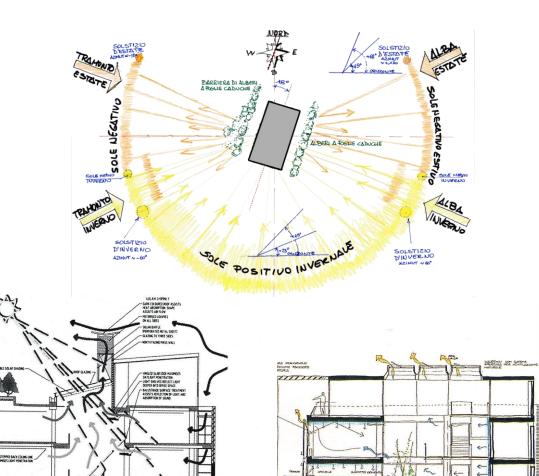
#### Second Step: PROPOSAL

The concept followed for the proposal is the enhancement of the comfort and the reduction of the energetic consumption through

- 1. Bioclimatic solutions exploiting the free energetic contributions from the local environment
- 2. Improvement of the thermal behavior of the envelope reducing the thermal bridges
- 3. Improvement of the thermal insulation
- 4. Integration of the building with techniques to produce energy from renewable sources
- 5. Improvement of air quality through the controlled mechanical ventilation in absence through a controlled natural ventilation
- 6. Improvement of the visual comfort through the management of the daylight
- Introduction of the building automation to manage the heating, ventilation systems and the daylight
- 8. use of materials with a low energetic and environmental impact



### exploitation of the energetic free contributions from the surrounding



ACCOUNTE THE ATMENT TO

Catches

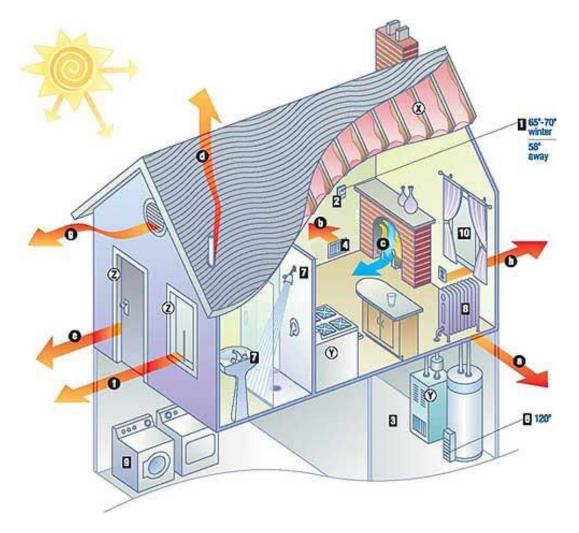
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UFFCI GARDING

SCALA /ASCENSORE SHERVICE

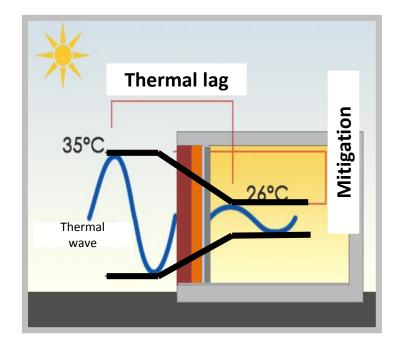
# Improvement of the thermal behavior of the envelope



### Improvement of the thermal insulation coherent with the climate local conditions

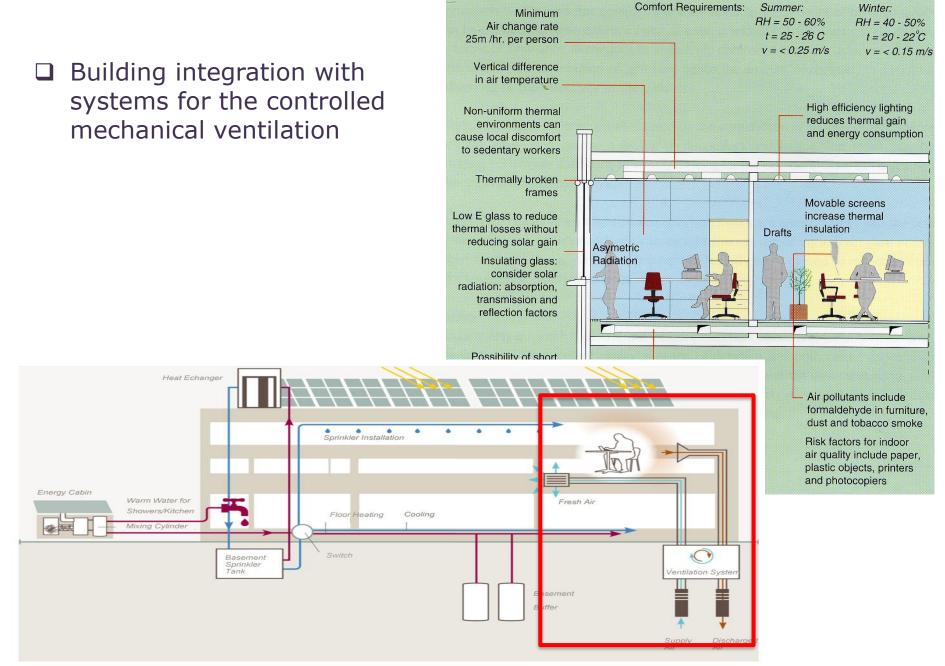






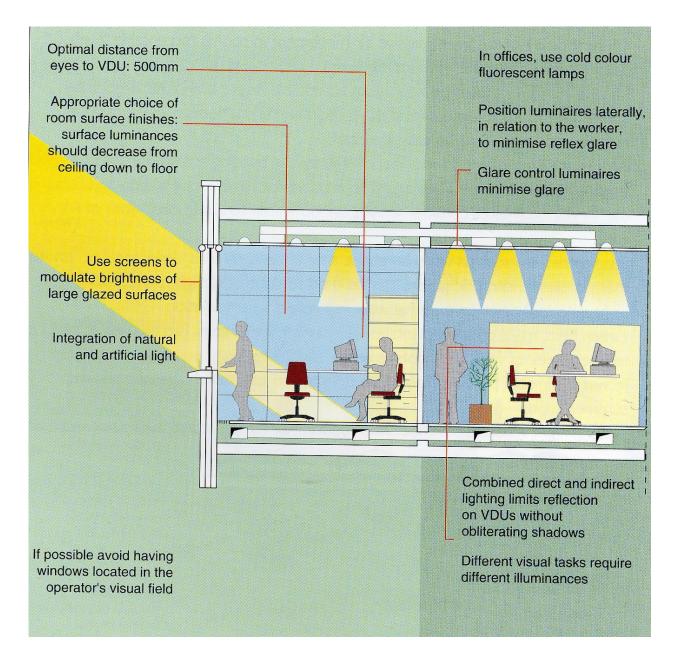
### Building integration with energy producing technologies from renewable sources

Source	Passive Systems	Active Systems
	Sumy P.M. Sumy A.M. Nigt	PV Panels
	Natural Daylighting	Shading
SUN	Static Cogeneration Hybrid Panels	Dynamic Cogeneration Sterling's Engin
Wind	Natural Ventilation	Wind Generator
WATER CONTRACTOR	Tides and wawes	Hidroelectric Plants
EARTH	Green Roofs Underground Houses	Geothermal Sistem

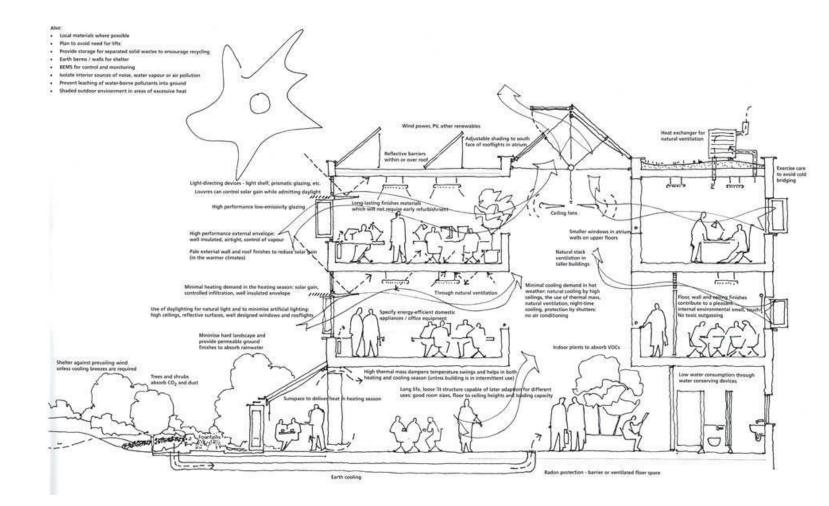


Improvement

 of the visual
 comfort
 through the
 management
 of the daylight

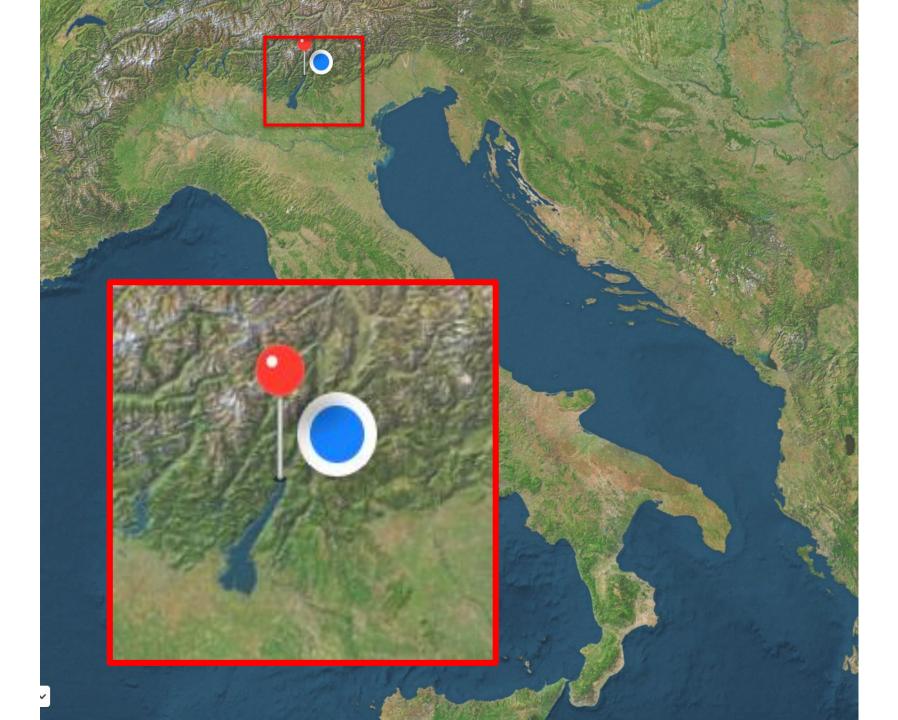


Introduction of the building automation to manage the heating, ventilation systems and the daylight



# Case Study: "Floriani" Technical Institute of Riva del Garda





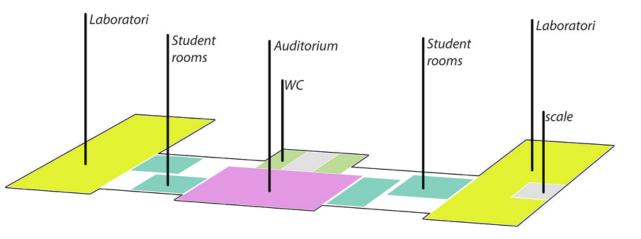




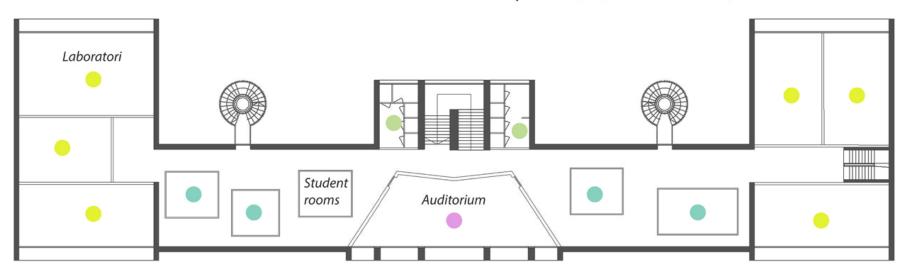




#### Diagramma delle funzioni - piano sottotetto



Pianta | concept preliminare- piano sottotetto



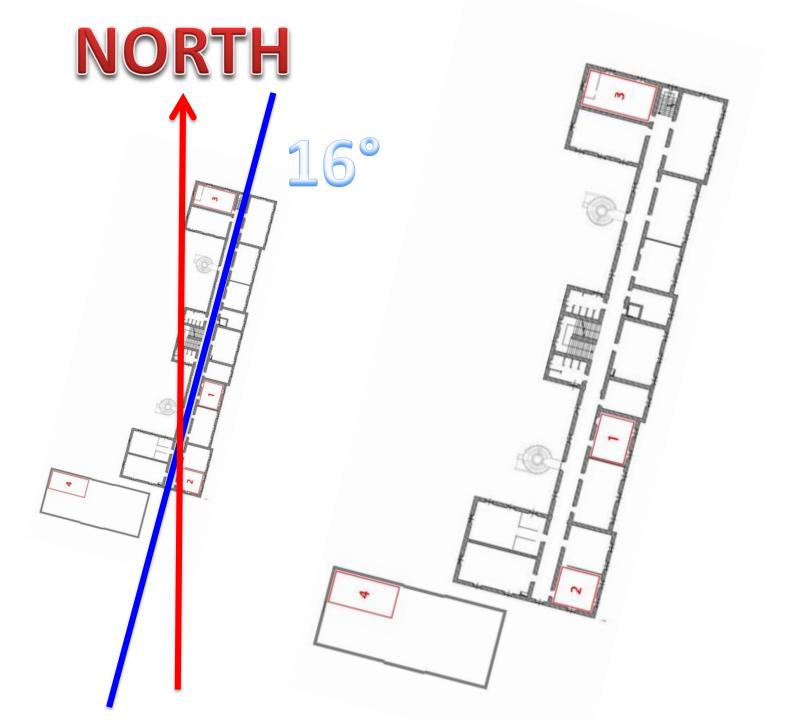
# NORTH

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200

**16°** 

133-495





#### **FIRST STEP**

Monitoring under the UNI EN ISO 10551 To evaluate the indoor comfort level

Used instruments:

- □ Hot Wire Anemometer→ air speed
- ❑ Ventilated Psychrometer → Umidity and air temperature
- □ Globe thermometer → Radiant Themperature

Interview to the Students, Professors and Technicians for determinating the thermal comfort through the Predicted Mean Vote (PMV) Basing on the :



"Moderate thermal environments – Determination of the PMV and PPD indices and specification of the conditions for thermal comfort"



"Criteria for the Indoor Environment including thermal, indoor air quality, light and noise"



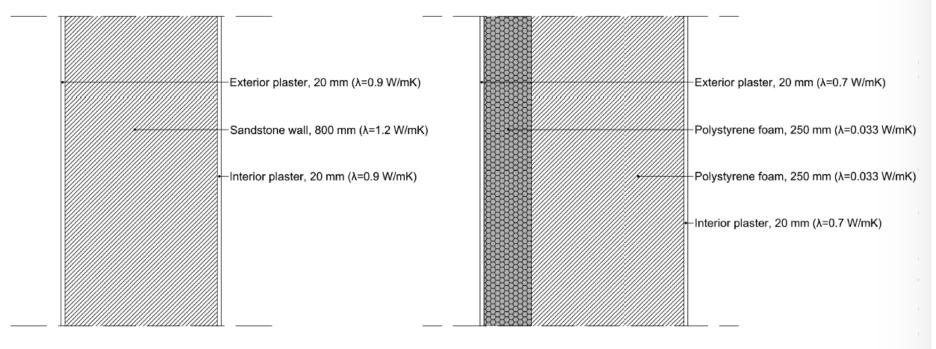
"Thermal Environmental Conditions for Human Occupancy"

# Monitoring of the energy consumption

# Result: 179 kWh/m<sup>2</sup> a

# Wall assembly existing building

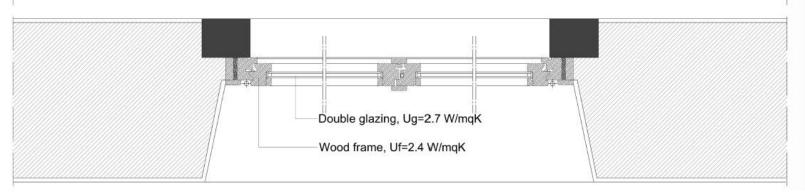
# Wall assembly retrofit strategy



U value = 1.13 W/mqK

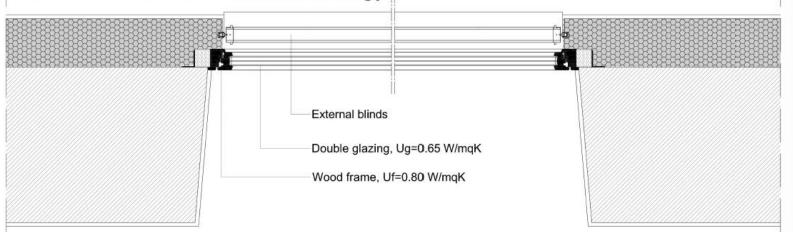
U value = 0.11 W/mqK

#### Window installation - existing building

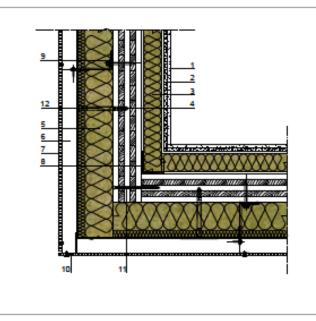


Uw=2.8 W/mqK

#### Window installation - retrofit strategy



Uw=0.78 W/mqK

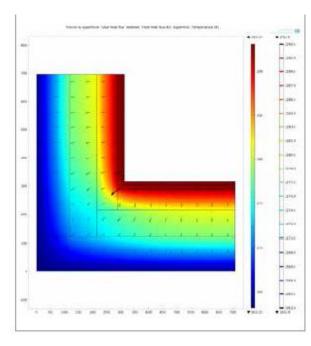


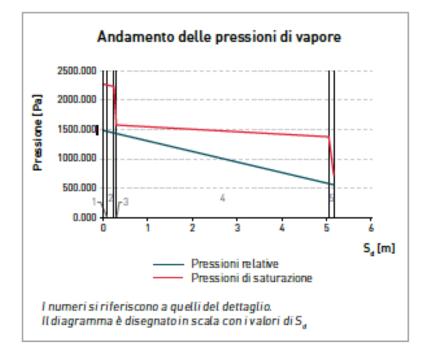
#### LEGENDA

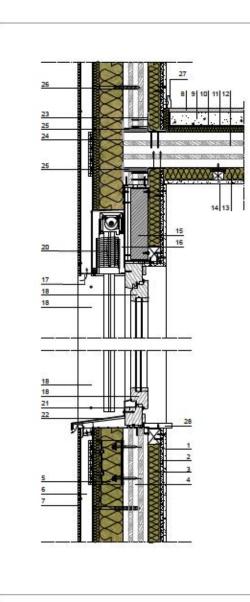
Parete esterna ventilata

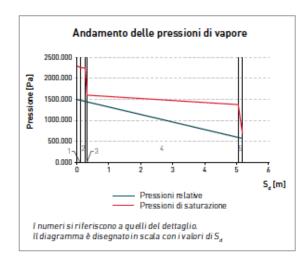
- 1. Lastra in cartongesso sp.12,5 mm
- 2. Lastra in gessofibra sp.12,5 mm
- Struttura a singola orditura metallica in alluminio (intercap. 75 mm) riempita con pannello ROCKWOOL ACOUSTIC 225 PLUS sp. 60 mm
- 4. Pannello portante in XLam sp. 95 mm
- 5. Pannello isolante ROCKWOOL VENTIROCK DUO sp. 120mm
- 6. Sottostruttura in alluminio di supporto al rivestimento / intercapedine ventilata sp. 50mm \*
- 7. Rivestimento a parete ventilata con lastre composite sottili ROCKPANEL®
- 8. Nastratura per la tenuta all'aria
- 9. Profilo in alluminio di supporto del rivestimento a parete ventilata
- 10. Profilo d'angolo di supporto del rivestimento
- 11. Vite autoforante per legno per giunzione parete-parete
- 12. Tassello per l'ancoraggio meccanico del pannello isolante

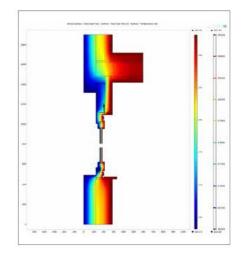
\* Da valutare l'utilizzo di elementi di tenuta al vento, viste le peculiarità della tecnologia in legno.











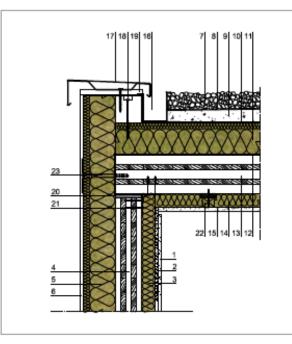
#### LEGENDA

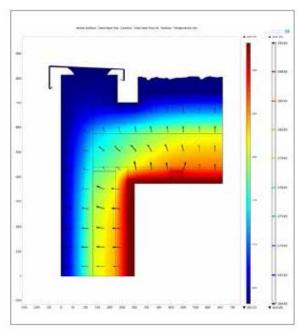
Parete esterna ventilata

- 1. Lastra in cartongesso sp. 12,5 mm
- 2. Lastra in gessofibra sp. 12,5 mm
- 3. Struttura a orditura in legno riempita con pannello ROCKWOOLACOUSTIC 225 PLUS sp. 50 mm
- 4. Pannello portante in XLam sp. 95 mm
- 5. Pannello isolante ROCKWOOL VENTIROCK DUO sp. 120 mm
- 6. Sottostruttura in alluminio di supporto al rivestimento / intercapedine ventilata sp. 50 mm \*
- 7. Rivestimento a parete ventilata con lastre composite sottili ROCKPANEL

Solaio intermedio

- 8. Pavimento in legno duro sp. 15 mm
- 9. Massetto alleggerito per impianti sp. 60 mm
- 10. Telo per il contenimento del getto del massetto
- 11. Pannello ROCKWOOL STEPROCK LD per isolamento acustico anticalpestio sp. 20 mm
- 12. Struttura portante in XLam sp. 140 mm
- 13. Pannello ROCKWOOL 220 sp. 50 mm
- 14. Lastra in gessofibra 12,5 mm
- 15. Taglio termico del cassonetto sp. 80 mm
- 16. Cassonetto zincato per frangisole con tavola anteriore e isolamento posteriore
- 17. Rete di protezione anti-insetti e gocciolatoio profilato in lamiera
- 18. Serramento in abete
- 19. Elemento di chiusura perimetrale in legno
- 20. Frangisole a lamelle orientabili
- 21. Protezione metallica del serramento
- 22. Scossalina per l'allontanamento dell'acqua piovana dal piano di facciata
- 23. Angolari metallici di giunzione dei pannelli e nastratura per la tenuta all'aria
- 24. Nastratura esterna delle giunzioni dei pannelli X Lam
- 25. Materiale per taglio acustico
- 26. Tassello per l'ancoraggio meccanico del pannello isolante
- 27. Battiscopa
- 28. Controdavanzale





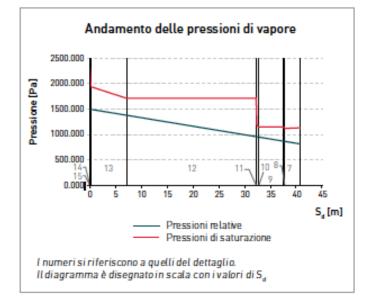
#### LEGENDA

Parete esterna intonacata

- 1. Lastra in cartongesso sp. 12,5 mm
- 2. Lastra in gessofibra sp. 12,5 mm
- 3. Struttura a orditura in legno riempita con pannello ROCKWOOL ACOUSTIC 225 PLUS sp. 50 mm
- 4. Pannello portante in XLam sp. 95 mm
- 5. Pannello isolante ROCKWOOL FRONTROCK MAX Esp. 120 mm
- 6. Finitura per cappotto su rasante con rete portaintonaco

#### Solaio di copertura

- 7. Ghiaia sp. 60 mm
- 8. Guaina impermeabile traspirante
- 9. Soletta debolmente armata per pendenza sp. 40 mm minimo
- 10. Telo di contenimento del getto della soletta
- 11. Pannello ROCKWOOL HARDROCK MAX sp. 120 mm
- 12. Elemento di controllo del vapore
- 13. Pannello portante in XLam sp. 140 mm
- 14. Pannello ROCKWOOL 220 sp. 50 mm
- 15. Lastra in cartongesso sp. 12,5 mm
- 16. Canalina di drenaggio delle acque meteoriche
- 17. Scossalina in lamiera metallica sagomata
- 18. Segato perimetrale
- 19. Tavola di chiusura e supporto per la scossalina
- 20. Materiale per taglio acustico
- 21. Angolari metallici di giunzione dei pannelli e nastratura per la tenuta all'aria
- Intelaiatura in legno di supporto del controsoffitto con elementi in materiale resiliente per evitare trasmissione di vibrazioni
- 23. Tassello per l'ancorangio meccanico del papnello isolante



Test of the deigned solutions through the Passive House Planning Package (PHPP software) to reduce the annual heating demand (< 20 kWh/m<sup>2</sup>y) and improve the living comfort of the school building.

**Previsional consumption** 

21,4 kWh/m<sup>2</sup>a

# Conclusion

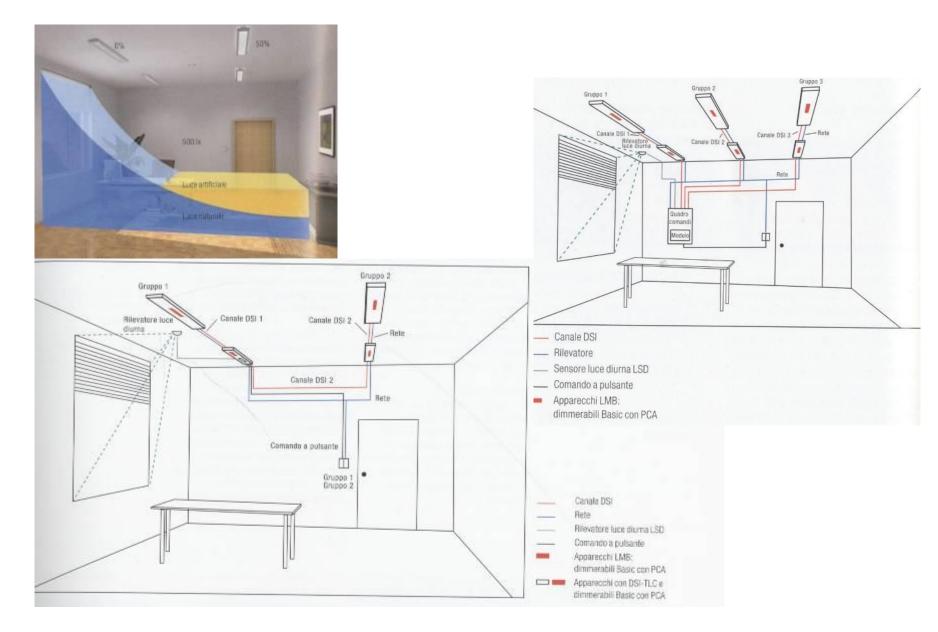
Using the criteria of the Bioclimatic architecture combined with the Passivehaus principles we have been able to refurbish the building to improve the indoor environmental quality and at same time to reduce the energy consumption.

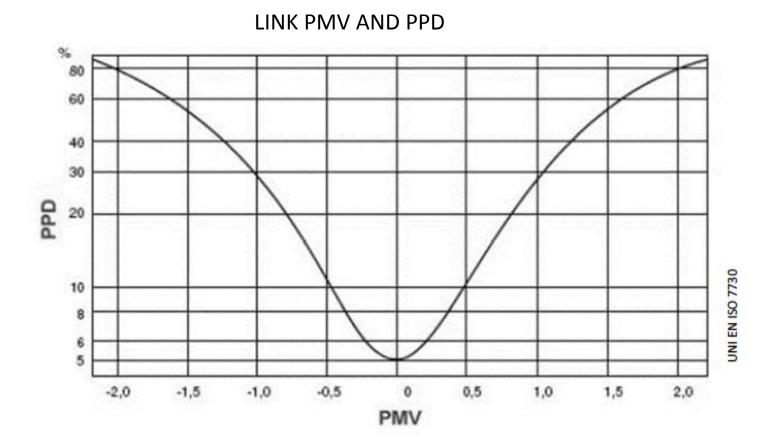
The future development of the research will be how to integrate the building with the "building automation" to manage not only the heating system, but also the daylighting to reduce to the minimum the artificial light and to manage better the energy consumption.

# Thank you for the attention

antonio.frattari@icloud.com

#### Building automation and daylight



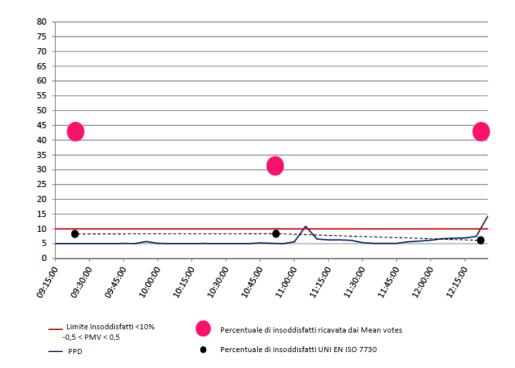


 $PPD = 100 - 95 \times exp(-0.03353 \times PMV^4 - 0.2179 \times PMV^2)$ 

### PMV (Predicted Mean Vote)



#### PPD (Predicted Percentage of Dissatisfied)



## PMV (Predicted Mean Vote)

